

SEALS



The Seals class is for children who are 3 years old by August 31, and drop-off is encouraged.

Parents will commit to one work day per week per child enrolled. This class continues to focus on schedules and transitions while allowing the students to practice independence through activities such as weekly classroom jobs that include jobs like weather checker and line leader. **They will have the opportunity to practice fine motor skills with art projects, gross-motor skills through big-muscle games and dancing, as well as be introduced to foreign and sign languages.** Additionally, they will continue to refine their social and cooperative abilities through dramatic play and communal snacks. As with each of our classes, they are encouraged to learn through play!

Time	Activity Type	Typical Activities
8:45 - 9:15 am	Open Play and Hello!	Getting settled Free play and exploration
9:15 - 9:30 am	Circle Time	Teacher-led reading Discussion of theme songs Teacher-guided pretend play
9:30 - 10:15 am	Guided Activity Stations	3-4 stations of activities Literacy skill builders Arts & Crafts
10:15 - 10:45 am	Handwashing and Snack	
10:45 - 11:15 am	Organized Big Muscle and Movement Activities	Movement games Cars and Trikes Music and Movement Go for a Walk
11:15 - 11:30 am	Goodbye!	Closing song Dance party